



Griha Pravesam (House Warming)

Sri gurubhyo namaha
Aum gan ganapataye namaha
Sri matre namaha



Griha Pravesam or House warming, also called as Veethu Pratanay (House Prayer) is a cleansing and purification ritual. As the name suggests a Prayer is needed to 'warm' the house from any negative energy that might have been created during the building of the home or from a previously inhabited home. In order to do this, and as Hindus we believe that Light is the dispeller of darkness or negative energy, so primarily this process is the **Taking of the Lamp into the new Living space**. That energy is believed to reside in the vayu mandala (air space). By doing Poosai/ Pratanay positive energy is distributed hence creating a blissful pure environment.

You must first consult with Guru, to get the Auspicious day and time in order to ensure maximum positive vibrations.

Requirements;

Rough Salt (Small)	1	Coins (Washed)	2	Matches	1
Rosewater (Small)	1	Loose Flowers	2	Sambrani	1
Turmeric 100g	1	Few Flower Petals		Charcoal	1
Maizemeal (Small)	1	Incense Sticks	2	Small cooking Pot	1
Kumkum 50g	1	Camphor (Opened)	1	Fresh Flower Garland with mango leaves if available	1
Sandalwood Powder 50g	1	Raw White Rice 50g	1		
Small Milk	1	Mixed Fruit (Washed)	3	Coconut (Cleaned, Washed, Rubbed with Turmeric and 9 Kumkum dots	1
Honey (Small)	1	Beetle Leaves (Washed)	2		
Sugar (Small)	1	Beetle Nut (Washed)	2		
Dhall (Small)	1	Your Kamachi Villukku (Washed and Dotted) with Chimbu and Tray		Any Murtis/Photos/ Vighras, Should be washed with Turmeric water and Dot with Sandalwood Paste and Kumkum	
Aval Kadle (Small)	1				



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*A few days before or a day before taking the holy lamp

1. Thoroughly clean the new place, if any alterations are been made, ensure these are done and complete and the new place is cleaned in/out.
2. Wash the new living space with a mixture of rough salt, rosewater and water

*Below preparations to be done before Auspicious time given by Guru on Griha Pravesam day

1. Rub the base of the door frame with Turmeric paste(water and Turmeric mixed)and dot with 8 Kumkum dots.
2. Draw vertical lines on door step with maizemeal and put Kumkum dots in-between, and hang garland on door frame
3. Dot stove with sandalwood paste (3 horizontal lines) and a Kumkum dot in the center of the middle line. Place the pot and and fill with the milk
4. Pre determine the prayer area and keep the lamp stand ready(facing east)
5. Outside the main entrance door Sprinkle a small section with Turmeric water and make a small Kollam with the maizemeal
6. On a big tray place a Ganesha murthi (from previous home) (wash with rose water and dot with sandalwood paste and Kumkum)
7. Next to lord Ganesha put some raw white rice and place the holy lamp on top of the rice (lamp should be cleaned and ready to light with wick and oil)
8. Place this tray facing east
9. Infront of lord Ganesha Place
 - 1 x beetle leave
 - 1 x beetle nut
 - 1 x coin
 - 1 x flower
 - 1 x fruit
 - Aval kadle
10. The same should be placed in front of the Lamp besides aval kadle
11. On another tray set the following;
 - The rough salt
 - Sugar
 - Dhall
 - These can be placed in 3 x small cups/ bowls
 - Place this tray next to the Ganesha tray



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*At Auspicious time given by Guru, begin the Prayer following the below steps

*Ganesha prayer (should be done by husband, if no husband any male figure if available)

1. Light incense sticks
2. Hold flower petals and offer a few at a time chanting
 - Aum Ganesha yai Namaha x 9
3. Turn agrabathi for Ganesha
4. Light a piece of camphor on the coconut and turn coconut
5. Break coconut and put on tray
6. Sprinkle water around tray 3 times reciting Gayatri mantra.
 - Om bhur bhuvaha svaha, Tat savitur varenyam, Bhargo devasya dhimahi, Dhiyo yonah, prachodayat
7. Turn camphor for Ganesha
8. Take a few more Petals praying to lord Ganesha to remove all obstacles from this new endeavour and once done offer petals to him

*Luxmi Prayer will be done next by lady of the house or any mother figure, if available

1. Light the Lamp that is placed next Ganesha
2. Offer petals 8 times to the base of the Lamp reciting;
 - Aum maha luxmi yai Namaha
3. Turn insense sticks for the Lamp
4. Sprinkle water 3 times around fruit placed by lamp reciting Gayatri Mantra.
 - Om bhur bhuvaha svaha, Tat savitur varenyam, Bhargo devasya dhimahi, Dhiyo yonah, prachodayat
5. Turn camphor for the Maha Luxmi
6. Hold few more petals praying to Maha Luxmi to enter your home
7. Kneel down and pray

- A. Once done lady or mother figure (if Available) to carry Ganesha and Lamp tray and step into home with right leg chanting - * Aum Maha Luxmi yai Namaha
- B. Husband or male figure to follow carrying tray with grains
- C. Everyone else to follow all stepping over the doorway with right leg
- D. Walk to kitchen, then, mother to turn on the stove with the milk pot reciting
 - Aum Agni deva yai Namaha (let milk boil over onto the stove)
- E. While letting the milk boil walk to where the lamp will be placed, and Place trays down

***YOUR LAMP AND ENTIRE PRAYER SET UP SHOULD BE EAST FACING**

- F. Place any other Murtis/ Photos/ Vighras at the lamp place
- G. Light Charcoal and add Sambrani



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- H. Walk through all rooms chanting any mantra you know eg.
- Aum namasivaya
 - Aum namo narayana
 - Aum sakthi etc
- I. Once milk has boiled over add remaining milk in a cup with some honey
- J. Place by lamp in a cup or Chimbu
- K. Turn camphor and ask for guidance and forgiveness for any mishap during prayer
- L. Distribute milk as prasad to all present

*After this all furniture etc can be moved in

*Please set a date thereafter for the home Havan with Guru

For the next few days or for however long you wish, It will be beneficial to play music that is of a pleasant/ calm nature in the house. This helps in making the environment more subtle. Bhajans, Prayer chants, instrumental music can be played to energize the home.

It most important that the family remain united and avoid any unnecessary fighting, quarrels, shouting in the home. Communication should be done in a Loving manner. This will ensure that the Maha Luxmi energy which you invited into your home, will remain, ensuring prosperity to you and your family in the home.

Uma Maheshwara's choicest blessings to you and your family



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