



DIY Havan/ Homam/ Yegyim/ Yajna Procedure Homa- (@ Home Simplified)

Requirements:

Observe a vegetarian fast on this day

*This Homam, is a simple offering for the times that an official Guru is not available.

Havan Stand	1	Chimbu/ Lota for water	1
Havan Wood	1 pkt	Akshatas- Rice, Pinch of Tumeric and Drop of Ghee- All Mixed	¼ Cup
Havan Samagree	1 pkt	Theertam- Mixture of Rose water, Water, Elachi pwd, sandalwood pwd & Tumeric	
Dharbe/ Khoos Grass	6 Stems	Camphor	
Tumeric powder	1 sml	Ghee in a Steel Bowl/ Pot	+ Spoon
Kumkum Powder	1 sml	Agarbathi	
Sandalwood Powder	1 sml	Deepam- Ghee Lamp	

- After performing Nitya Laghu/ Daily Puja according to the script
 - Place Havan stand East (Sun rise) Facing. *Place some paper/ Board down for safety and less mess
 - Place 4 pieces of Dharbe/ Khoos stems along the sides.
 - Pack wood in the centre of the Havan stand sprinkling a little bit of Tumeric and Kumkum on the packed wood.
 - Put 4 dots of Sandal Paste on each side of the Havan stand (Outside)
 - Be seated and be comfortable
1. Chant AUM 3 Times- Whilst chanting Aum Mantra, Try cleansing your mind of all thoughts and bringing focus to the Homa. The intention is to be captured entirely by Agni Deva during the process
 2. Sprinkle Theertam water 3 times around the Havan stand- Reciting- Om Shri Ganga yai Namaha
 3. Hold some Akshatas in your hand and recite Gayathri mantra 1 Time, then place Akshatas in centre of packed Havan wood
 4. Now burn a camphor in a tray and hold upright in-line with your forehead, reciting the Gayathri Mantra, focusing on the flame, then drop the burning camphor onto the havan Wood
 5. Add Camphor/ Wood intermittently to keep the fire going
 6. Take 2 pieces of Dharbe/ Khoos Grass and hold in your hand, dipping it into the ghee 7 times, reciting Gayatri Mantra each time
 7. Now take the 2 pieces Dharbe/ khoos grass and place it on the ground and place the Ghee container on it

Now offer Puja as follows to Guru, Ganapathi and then Diety of choice, completing each mantra with the Word Swaha. On Swaha you will offer the ghee into the Havan, and your family can offer Havan samagree



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a. Guru:

Recite Guru mantra x 2

Gurur brahma gurur vishnuhu gururdevo maheswaraha

Guru saakshaath para brahma tasmai Sree gurave namaha Swaha

OR any Guru Mantra if you have.

b. GaNapathi:

Recite Ganapati moola Mantra x 4

Suklaambaradharam vishNum SaSivarNam chaturbujam

prasanna vadanam dhyaayeth sarva vighnopa Shantaye Swaha

Or any Ganesha Mantra if you have.

c. Diety of Choice or Main Deity being worshipped/ In this case we will offer for Durga, however you can change the Diety name and mantra to suit the auspicious day:

MANTRAM:

Aum Dum Durgayei Namaha

DEVI:

Sree Durga Parameshwari (Can be used for Kali Amma, Durgai Amma, Lalita Devi, Marieamma etc)

Practice- Aum Dum Durgayei Namah Swaha

Recite the Mantra x 28/ 108 or 1000 (Use a counter or Japa Mala to help count)

Aum Dum Durgayei Namah Swaha

After completing the full offering;

Recite the below Mantra or offer Manasa (Silent) Prayer whilst pouring the rest of the ghee into the Havan

Om poorNamathaha poorNamidam poorNaath poorNamudachyate poorNasya
poorNamaadaaya poorNamevaa avasishyate

1. Aum Dum Durgayei Namaha / Shree Durga Parameshwari Paal Theertham Samarpanyaami

Offer A drop of Milk into the Havan- Requesting that all your poisonous thought and deeds be washed away

2. Aum Dum Durgayei Namaha / Shree Durga Parameshwari thaayeryam Theertham Samarpanyaami

Offer A drop of sourmilk into the Havan- Requesting that all negativity from around you be removed

3. Aum Dum Durgayei Namaha / Shree Durga Parameshwari Amritham Theertham Samarpanyaami

Offer A drop of Honey into the Havan- Requesting blessings of prosperity

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4. Aum Dum Durgayei Namaha / Shree Durga Parameshwari Aachamanyam Samarpanyaami
Offer A drop of water into the Havan

5. Aum Dum Durgayei Namaha / Shree Durga Parameshwari Dhoopam Aaghraapayaami
Offer incense to the Havan, thereafter placing it into the Havan

6. Aum Dum Durgayei Namaha / Shree Durga Parameshwari Dheepam darSaayaami
Turn Deepam 3 times clockwise around the Havan

7. Aum Dum Durgayei Namaha / Shree Durga Parameshwari aananda Karpoora Neeraajanam darSaayaami
Turn Camphor 3 times clockwise around the Havan, then put a drop of water on the plate/Tray where Camphor is burning and take the heat of the lighted camphor with both palms upside down and take it to your eyes. Recite Rakshaam dhaarayaami- Protect Me

At this point the entire family can stand up and circumambulate the fire 3 times in a clockwise direction reciting the Gayathri mantra in your mind all the time.

Offer your Padam Namaskaram by prostrating before the fire.

Collect the Dharbe/Khoos from the prayer area and burn it in the fire, making a mixture of ghee and the burnt Dharbe/ Khoos- to make a liquid black dot- This can be used to Dot, your home doors, and all present.

Then Chant Shanti mantra x 3.

OM Shanti, Shanti, Shanti



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